

# Fee-for-Service to Value: 10 Years of Transforming Healthcare

## *Speaker Bios*

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### **Emily DuHamel Brower, Senior Vice President, Clinical Integration and Physician Service, Trinity Health**

Emily DuHamel Brower serves as Senior Vice President of Clinical Integration and Physician Services for Trinity Health, one of the largest multi-institutional Catholic health care delivery systems in the nation, serving more than 30 million people across 22 states. In this role, Emily provides leadership and strategic direction within the evolving accountable healthcare environment, with an emphasis on clinical integration and transformation under alternative payment models. Trinity Health's Clinical Integration team is accountable for \$10.4B of medical expense for

1.6M lives in Medicare ACOs, Medicare Advantage, Medicaid, and Commercial Alternative Payment Models. Trinity Health has been a top performer on quality and affordability in its MSSP and Next Generation ACOs.

Emily joined Trinity Health from Atrius Health in Massachusetts, where she last served as Vice President of Population Health, building, and executing the essential capabilities required to achieve strong financial and clinical outcomes within integrated care models under value-based reimbursement, particularly for publicly insured populations.

Prior to Atrius Health, Emily spent fifteen years in operational, financial, and contracting leadership roles at Urban Medical Group, a Massachusetts non-profit healthcare organization specializing in the care of medically complex, chronically ill populations across a community-based, long-term care continuum. During that time, Emily launched a PACE program and other innovative, capitated contracts for medically complex populations and served as Principal Investigator for a multi-year research project analyzing cost and quality outcomes to support payment reform.

Emily received her BA from Smith College and MBA from the New York University Stern School of Business. She and her family moved to Ann Arbor and are thoroughly enjoying their new status as Michiganders.



### **Lynn Barr, Founder and Executive Chairwoman, Caravan Health**

Lynn Barr is recognized as an influential leader in the movement to transform and improve our nation's health care systems. As founder of Caravan Health, Lynn leads the development and implementation of nationwide programs that result in better patient care and help health care providers achieve sustainable financial success. Caravan Health was established to provide accessible methodologies to providers interested in population health programs using payment models such as

Practice Transformation Networks, Medicare and Commercial Accountable Care Organizations, MACRA and Comprehensive Primary Care. Caravan Health supports more than 25,000 primary care providers and approximately 250 community hospitals making the transformation to value-based payments, with affordable, resourceful solutions and innovative technology that deliver considerable results.

Prior to forming Caravan Health, Lynn shepherded four start-up companies and 12 medical inventions before dedicating the remainder of her career to health care reform. Some highlights prior to Caravan Health include:

- Directed the California Health IT and Exchange Strategic Planning Team under California Health and Human Services and formed the Rural Health Information Technology Consortium and assessed health IT status of California Rural and Critical Access Hospitals.
- Developed a \$20 million rural hospital EHR loan program with United Health Group.
- Formed the National Rural ACO and led the first rural health payment reform movement in the country designed to transition rural providers to value-based payments. This successful ACO currently included more than 500 provider systems.
- Organized the National Rural Accountable Care Consortium to help rural health providers overcome barriers so they could participate in innovative payment models under healthcare reform.

With more than 30 years of health care experience, Lynn is a highly regarded national speaker and frequent collaborator with government and organizations striving to improve our health care delivery systems.



**Dr. Sarah Mullins, Partner, Stoney Batter Family Medicine and Medical Director, Aledade**

Dr. Sarah Mullins is a practicing family physician and owner of Stoney Batter Family Medicine. Her practice of 4 physicians and 3 nurse practitioners has served their 20,000 patients in suburban Wilmington, Delaware for the past 27 years. By engaging in value-based transformation starting in 2014, they have achieved shared savings in Medicare and commercial contracts and have developed a 600-patient care management program.

Currently, she is the Delaware, Maryland, DC and northern Virginia regional medical director for Aledade, an Accountable Care Organization for independent practices. She grew up in the Washington DC area, graduated from Duke University and University of Maryland Medical School with honors, and served as Chief Resident of Family Medicine for Christiana Care Health System. She has been a speaker for the Delaware Academy of Family Physicians, Epilepsy Foundation of Delaware, American Academy of Family Physicians, and the Dravet Syndrome Foundation.



**Dr. Rakesh Patel, CEO, Neighborhood Healthcare and Board Chair, Integrated Health Partners**

Chief Executive Officer and practicing family physician, Rakesh Patel, M.D., has been with Neighborhood Healthcare for over 18 years. He has ensured the non-profit community health organization possesses the resources and culture it needs to provide quality, compassionate, whole-person care to families, regardless of their situation or circumstances. Dr. Patel is the Chair of the Board of Managers for Integrated Health Partners of Southern California, San Diego's leading clinically integrated network representing 270,000 lives. Dr. Patel also serves as the Board Chair for Health Center Partners of Southern California which serves as the primary

voice and health care policy advocate for community health centers throughout Southern California.

A board-certified family physician and Certified Physician Executive, Dr. Patel received his M.D. from the Medical College of Wisconsin and completed his residency at Scripps Family Practice Residency in Chula

Vista. He received his MBA from the Isenberg School of Management at UMass Amherst. He is a CPCA board member and CMA delegate and serves as the East County Region Director on the San Diego County Medical Society Board.



**Dr. Richard Shuman, CEO, Baycare Health Partners**

A well-known, highly respected, collaborative, and trusted physician in our community, Dr. Shuman brings proven leadership experience, a demonstrated ability to lead medical groups in performing well in risk-based contracting, and a profound understanding of value-based care. He has deep knowledge of the local market coupled with strong relationships and understanding of the physician community. He has broad experience in healthcare and population health, and a

vision for enhancing the value of Baycare to both providers and the community.

As healthcare continues to create new challenges, Dr. Shuman has adapted to the changes while inspiring colleagues and providing a clear vision to enable organizational success. One of his most significant achievements has been to instill a “do the right thing” culture that is based on the core values of integrity and respect. Over the past 25 years, Dr. Shuman has served as a physician leader for large multispecialty medical practices in the Pioneer Valley and Connecticut.

Most recently, he served as the president of Trinity Health of New England Medical Group representing 1,000 providers. His experience includes working as a medical director in healthcare administration, the insurance industry, as well as providing direct patient care. Dr. Shuman was active in Baycare governance since 2009, including serving on the Board of Directors and as Chair from 2015 through 2017. He also served on the Health New England Board of Directors from 2016 to 2019 and held several leadership positions in healthcare of increasing responsibility.

Board-certified in Internal Medicine, Dr. Shuman completed his residency in internal medicine at the Dartmouth-Hitchcock Medical Center. He received his MD from the University of Massachusetts Medical School where he earned the Sandoz Award in recognition of superior academic achievement and contribution to healthcare, and he earned an A.B. in Biology and Art History at Harvard University. Dr. Shuman lives in Suffield, Connecticut with Elinor, his wife.